



We all have problems.
Sometimes, we need a little
helping solving them

You don't have to go at it alone. Our caring team of professionals are here to help make you and your families' lives better.

Fortunately, Swanson Center is here for you when things get tough. For more than 45 years, our dedicated staff has been serving people in LaPorte County. With our helpful staff, hometown roots, and longstanding ties to the community, we care about you as a person and a fellow neighbor.

Our licensed team of mental health professionals stand ready to serve you with respect, compassion, and confidentiality.

Having a secure, confidential place to talk about your problems is one of the most important aspects of counseling. Trusting in people that you confide in is our utmost concern. Our services are strictly confidential.

What are some general signs
that my child might have a
problem?

Addiction starts in adolescence and your child may have a genetic predisposition that can trigger addiction instantly. The "feel good" experience triggers pleasure centers of the brain and changes the brain function which can lead to addiction.

Even minimal or periodic use of drugs and alcohol e.g., beer, can interfere with the brain's development and lead to addiction. Early intervention is necessary and the shorter time that your child uses, generally results in an easier and sometimes shorter recovery.

If your child exhibits the following behaviors or changes, you might want to contact a professional:

- Their choice of friends change. Old friends are dropped and they hang out with a new set of friends
- You notice a drop in grades and general overall disinterest in school and activities
- Your child is easily agitated and shows signs of being depressed
- Mood swings with highs and lows
- Your child no longer communicates or confides in you
- Experimentation with pot and alcohol could lead to more serious use in the future

We're here to help with a
full range of services:

- We specialize in adolescents aged 13- 17
- Children younger than 13 can be helped through individual, family, case management & school based services skills training and education
- We utilize an evidenced based curriculum program with group, individual & family treatment
- Services are offered both during and after school
- Family support and empowerment to assist in education
- Collaboration with school system and other community agencies
- Regular drug testing
- Transportation from Michigan City
- HIPPA protects your child's confidentiality
- Referrals are not necessary
- We proudly serve as a provider for most major HMO and PPO plans. Swanson Center accepts all Medicare and Medicaid coverage.
- If you have questions or concerns about your ability to pay, please talk to us about them



CALL TODAY FOR MORE INFORMATION



We care about
your recovery.
*Let us help you
learn to help yourself.*



 **Swanson Center**
LaPorte County's Complete
Mental Health Resource

About our Fees:

If you have questions go to
www.swansoncenter.org or
call (219) 362-2145.

Teen Substance Abuse program

Swanson Center is your local center
that provides services to assist you
or a loved one in overcoming
problems related to substance
abuse and/or dependency.
Services Provided:

- Substance Abuse Education
Classes
- Group and Individual Therapy
- Family Counseling
- Teen and Gender-Specific
Groups
- Continuing-Care Groups
- Intensive Outpatient Groups
- Referrals to Detox Services

 **Swanson Center**
LaPorte County's Complete
Mental Health Resource

(219) 362-2145
www.swansoncenter.org

Call today, to learn more
about our Teen Substance
Abuse program, and ask
us about transportation
options.

 **Swanson Center**
LaPorte County's Complete
Mental Health Resource

LaPorte Outpatient Services

1230 State Road 2 West
LaPorte, Indiana 46350

(219) 362-2145

www.swansoncenter.org

Se Habla Español



**Is Your Child Struggling
with Drugs or Alcohol?**
We're Here to Help...



Improving Lives... One Person at a Time
www.swansoncenter.org